

Bird Watching



Greenfield Parks and Recreation Department

Birdwatching, or birding, is a form of wildlife observation in which the observation of birds is a recreational activity. It can be done with the naked eye, through a visual enhancement device like binoculars and telescopes, or by listening for bird sounds.

This simple activity can provide major health benefits and add to the quality of life for just about anyone:

**Be Happy *Make Friends *Get Physically Active *Go Places *Feed your Brain *Much More!*

WHO: Adults 18 & Up & Families

WHEN: Saturdays - sun rise time (spring-fall)

First group meeting will be June 11, 2016 at Thornwood Preserve-Group decides on time/location afterwards

WHERE: Beckenholdt Park & Thornwood Preserve (possible at all City Parks)

Thornwood Preserve - 1.5 miles south of Davis Road - 1597 S Morristown Pike

Beckenholdt Park - 2770 Franklin Street

REGISTRATION: FREE - just let us know - we can have you fill out a 1 time registration form

Bring your own equipment & dress for the weather

**Looking for volunteer bird watching group leaders!*



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The Benefits are Endless!

